

ENERGY SAVING TIPS

Schedule Regular Maintenance

Virginia Beach's humid subtropical climate means your HVAC system works hard year-round. Annual tune-ups-ideally in spring for cooling and fall for heating-keep it running efficiently, reduce energy waste, and help prevent costly breakdowns.

Use a Programmable Thermostat

With mild winters and hot, humid summers, a programmable thermostat helps you automatically adjust temperatures when you're away or asleep. Set it to 78°F in summer and 68°F in winter to optimize savings without sacrificing comfort.

Seal and Insulate

Coastal winds and humidity can sneak through gaps in windows, doors, and ducts. Sealing leaks and adding insulation helps retain conditioned air, reducing energy usage by up to 20%. It also protects your system from the effects of salty, moist air.

Change Air Filters Monthly

Dust, sand, and pollen from nearby beaches can quickly clog air filters. Replace or clean them every 1-3 months to ensure proper airflow, reduce strain on your system, and lower energy bills.

Upgrade to Energy-Efficient Equipment

If your HVAC system is over 10 years old, consider replacing it with a high-efficiency model that has a SEER rating of 15 or higher. These units are better equipped to handle Virginia Beach's humidity, improve indoor air quality, and reduce energy consumption.